MARINE LIFEST TYLES

Hawaii Marine B Section February 14, 2003

Pass it on: Forget the drugs'



and Kalei Kahookele kick off a game of secrets to better enhance their communication skills during the drug awareness program at Kahaluu Elementary School.

Below — Lance Cpl. Justin Hecock shows off his well-padded suit to the keiki at Kahaluu Friday.





CDAP blends awareness with fun at Kahaluu

Story and Photos by Sgt. Alexis R. Mulero Combat Correspondent

ourteen Marines and Sailors from various commands aboard MCB Hawaii, Kaneohe Bay, stormed into the classrooms at Kahaluu Elementary School in an effort to promote alcohol and drug awareness Feb. 7.

The Community Drug Awareness Program in Hawaii is a program aimed at guiding students away from drugs and encouraging them to stay in school.

"We try to visit elementary schools as well as high schools throughout Hawaii and coordinate the activities according to the age group," said Quentin Redmon, a coordinator at the CDAP.

Four Military Police

handlers kicked off the presentation sion on them." with the assistance of two of their skillful military working dogs.

"Rocky," a drug detector dog, and "Duc," an explosive detector dog, both electrified the crowd demonstrating obedience training and capturing procedures on their handler who was wearing a padded suit.

"The kids really got excited about today's activity," said Debbie Fong, a 5th grade teacher at Kahaluu Elementary. "Especially the dog display, that really got their attention."

Afterwards, the Marines and Sailors split up into five different stations and began their mission.

"The kids see the military service members as positive role models," said Fong. "When they come for these pre-

children in a myriad of subjects including self-esteem, communication, physical fitness, anger management and drug

"We need to constantly provide children with this type of education so that they will be able to resist the peer pressure and temptation later on," said Fong.

Besides informing the kids about the facts and realities of each subject, the service members personalized the lectures by telling them about their own experiences regarding each topic.

"Sending a personal message through a story is a meaningful and proficient way to pass on the CDAP message," explained Redmon.

After speaking to each group of kids, The Marines and Sailors educated the the CDAP volunteers gave away promotional gear such as "Rule out Drugs and Alcohol" rulers and fashionable sunglasses.

Through all of the fun and games the children enjoyed, the message the service members aimed to distribute — staying in school and drug free — seemed to reach the many young minds at Kahaluu Elementary School loud and clear.

"I feel it was important to shed some insight and enlighten the subject from a different perspective," said Gunnery Sgt. Rickey Anderson, administrative chief and substance abuse coordinator for 3rd Bn., 3rd Marine Regiment. "Children have a tendency to learn better that way."



Gunnery Sgt. Rickey Anderson of "America's Battalion," 3/3, shows the children how to properly stretch before engaging in any physical activity.



Anderson leads the children in a few motivated Marine Corps push-ups during his talk on physical fitness.

Possibilities in Paradise-

By Debbie Robbins, MCCS Public Relations

FEBRUARY

14 / Today

Valentines' Day Dance Party Treat your sweetie to a Valentine's Day Dance Jam at the Rocker Room. Doors open

at 4:30 p.m. This cupid connection is free for all Staff NCO Rocker Room members and \$2 for all nonmembers.

For additional details, call the Rocker Room at 254-5592

Valentine's Day Salsa Celebration at Kahuna's — Bring your valentine or meet one at this Latin-style party at Kahuna's. There will be no cover fee.

All ladies will receive free roses, and "El Conjunto Tropical," a seven piece Latin band will perform at 10 p.m.

During this couples' connection, Kahuna's has prepared a special holiday menu and the party continues until 2 a.m.

It doesn't get sweeter than this. For more details, call Kahuna's at 254-7661.

17 / Monday

LINKS — The next Lifestyles, Insights, Networking, Knowledge and Skills group meeting is scheduled for Monday from 6 – 8:30 p.m. at the LINKS House, Bldg. 3074.

All interested military spouses may attend and arrange for child care, if requested when making a reservation.

For more information, call 257-2368.

19 / Wednesday

Stress Be Gone — Excess stress may cause health problems. Who has time for that?

Learn a few easy secrets to eliminate stress in just 30 minutes. This free workshop is run by the MCCS Personal Services Counseling Service and is offered to all authorized military I.D. cardholders.

The next class is set for Wednesday from 1 - 2:30 p.m. in Bldg. 216.

Reservations are necessary, as space is limited. For more information, call 257-7781.

Marriage Skills — Who do you know who has ever lived, "happily ever after?"

Marriage requires an ongoing effort, and you and your partner have an opportunity to enrich your marriage by attending the next free, Marriage Skills workshop Wednesday and Thursday in Bldg. 216.

This two-day class will provide couples with the skills to communicate more effectively, to listen with an open mind, as well as to work in collaboration.

This class will meet Wednesday from 8 a.m. - 2:30 p.m. and on Thursday from 8 a.m. - noon.

Those wishing to attend need to call 257-7781 to make a reservation. Childcare may be available, if requested at the time of reservation.

20 / Thursday

Government Job Fair — Perfect and polish your resume.

Get ready to land your dream job at the Government Job Fair at the Banyans Club at Pearl Harbor, from 9:30 a.m. – noon.

Fairgoers may meet with recruiters and company representatives from city, county, state and federal agencies.

Attendees should dress accordingly, and children are not permitted into the fair.

For more information, call Personal Services at 257-7795 or logon to www.jemshawaii.com

22 / Saturday

and Daughters **Fathers** Sweetheart Dance — All MCB Hawaii daddies can celebrate their little angels during the Armed Services YMCA's Fourth Annual Fathers and Daughters Sweetheart Dance.

This sweetheart gala takes place at the O-Club's Lanai Ballroom from 5 - 8 p.m.

Tickets are on sale through today at the ASYMCA, Bldg. 579.

Daughters four years and under are \$6.50, daughters ages five – 11 are \$13, and daughters 12 and older and all fathers are \$15.

Ticket price includes a buffet dinner, door prizes and entertainment. Professional pictures will also be available.

This gala calls for fathers to arrive in military dress or black tie, and daughters should don formal attire.

For more information, call the ASYMCA at 257-4719.

General Education Development Preparation - The Joint Education Center, located in Bldg. 219, is eager to assist Marines, Sailors and spouses in earning their high school credentials.

Now through April 28, patrons may stop by the JEC to obtain an application and receive course information.

For more details, call the JEC at 257-2158.

SM&SP-



Mahalo to AT&T In-Room Service for supporting the Single Marine & Sailor Program.

All events are open to single, active duty military, E-5 and below.

The SM&SP Office is located in Bldg. 219. Call 254-7593 for more information on any program or activity.

Program Review

Thursdays: Enjoy free tennis lessons from 11 a.m. - 12:30 p.m. at K-Bay's tennis courts. Call 258-8081 for reservations.

Mark your calendars now for the following 2003 SM&SP Island Get-Aways:

• Saturday - Monday: Kauai at \$250.

• May 24 – 26: Maui excursion at \$270. • Aug. 30 – Sept. 1: The

Big Island of Hawaii at \$270. Fees cover airfare, transportation and accommoda-

tions. Feb. 22: Enjoy a four-

hour deep sea fishing ex-

cursion. Cost is only \$40

per person. March 21: The next Shank & Slice Golf Tourney will be a Best Ball

at 12:30 p.m. at the

Kaneohe Klipper.

SM&SP Goes Online

Get more SM&SP at www.MCCSHawaii.com under the "Semper Fitness" icon.

Childcare questions help sort answers

NAPS Featurettes

Selecting the best childcare arrangement for your child is one of the most important choices you'll make as a parent. However, with so many options available today, this may seem like a daunting task.

How do you know which one is just right for your child, and what do you look for when evaluating childcare centers that may appear to have similar offerings?

"Every child is unique, so place where your child feels at home and the philosophy and approach to learning agree with your own," said Barbara Anderson, Ph.D., vice president of education for KinderCare Learning Centers, which operates more than 1,250 early childhood education and childcare centers nationwide.

Anderson says that once a parent narrows the search to locations that are convenient and affordable, there parents should ask when evaluating childcare facili-

Questions to Ask

(1) Is the childcare center licensed?

(2) Is it safe? Is there fire protection, plenty of light, air and clean facilities? Are there formal procedures for the arrival and departure of children?

(3) Is there enough indoor and outdoor space for both quiet and active learning and play?

(4) Is there a clean, propit's important to select a erly equipped area specifically for infants and toddlers? Is there appropriate interaction and nurturing of infants and toddlers?

(5) Is parent participation encouraged? Are parents welcome and encouraged to visit and observe at any time? Are there scheduled parent conferences and developmental progress re-

(6) Does the center have strict procedures for hiring caregivers? Is the director a

are a number of questions professional person who inspires confidence?

> Do teachers have experience and skills in childcare methods? Are applicants fingerprinted (when required by state law) and required to take a medical exam in compliance with state licensing regulations?

Are background checks and written references mandatory?

(7) Does the center have a written, planned program you can see in action? Are learning programs designed specifically for each age group?

(8) Are educational programs focused on the whole child, designed to meet the social, emotional, physical and intellectual needs of children?

Anderson suggests carrying a checklist and taking notes while touring facilities. Answering these questions about the facilities, staff and educational programs will help parents make a more informed deci-



Sgt. Alexis Mulero

The Child Development Center aboard MCB Hawaii may be one of the first places where its residents go to handle their child care needs, due to the convenience of its location.

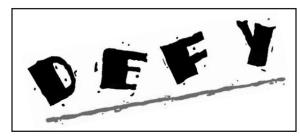
Mentors needed, registration open for DEFY

Sgt. Gordon Scott Military Police Department

A one-year program, Drug Education For Youth is a unique, comprehensive and multi-phased program for youth 9-12 years old.

The program aims to strengthen protective factors and reduce risks factors that scientific research has directly linked to adolescent alcohol and drug abuse, school failure, delinquency and violence in children of this age range.

The DEFY youth are educated and mentored by Navy, Marine and DoD volunteers. These mentors teach leadership and life skills training.



The program needs a minimum of four more mentors to assist with positive role modeling and leadership.

The DEFY office will also be offering military (Navy and Marine Corps) and DoD families a chance to enroll their child in the DEFY Program for the upcoming year, starting with the free, Non-Residential Summer Camp, which lasts eight days: July 15 - 24. After the camp, youth will meet once a month on Saturdays to continue the relationship with their mentors through meet-

ings and excursions such as to Sea Life Park,

Hawaii Waters Adventures and more. Parents incur no cost — only commitment and support to their child.

The DEFY mentors and registration point of contact is Mr. Daryl Picadura, program coordinator at MCB Hawaii's Provost Marshal's Office. Call 257-2103, ext. 313 or e-mail picaduradk@mcbh.usmc.mil.

Interested mentors and parents may also contact Sgt. Gordon Scott at 257-2103, ext.

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Show your I.D. at the box office, Bldg. 219. Phone 254-7642 for recorded info, 254-7641 for the theater manager.

Maid in Manhattan (PG13) Die Another Day (PG13) Star Trek: Nemesis (PG13) The Hot Chick (PG13) Drumline (PG13) Maid in Manhattan (PG13) **Antwone Fisher (PG13) Two Weeks Notice (PG13) Star Trek: Nemesis (PG13)

Today at 7:15 p.m. Today at 9:45 p.m. Saturday at 7:15 p.m. Saturday at 9:45 p.m. Sunday at 3:30 p.m. Sunday at 7:15 p.m. Wednesday at 7 p.m. Feb. 21 at 7:15 p.m. Feb. 21 at 9:45 p.m.

**This is a free showing in honor of Black History Month.

'OneSource' makes its debut at MarForPac

Cpl. Luis R. Agostini
Marine Forces Pacific

CAMP H. M. SMITH — Representatives from Headquarters Marine Corps introduced Marine Corps Community Services' OneSource to more than 50 Marines Feb. 3 during a MCCS OneSource brief at the Pollock Theater here.

Marine Corps Community Services OneSource is a new resource that will augment existing MCCS support systems and provide an on-call system for Marines and their families, 24 hours a day, seven days a week.

"The great thing about MCCS OneSource is that we will now be able to reach out to our geographically dispersed Marines, and their families, who we have not been able to service well in the past, including recruiters, I&I [Inspector and Instructor] staff, and mobilized reservists," said Mae Ooka, MarForPac Family Programs advisor.

"MCCS OneSource provides you with information and resources that can help improve many areas of your life, from personal to professional. But we do more than give you information," according to the online site. "We help you take action, with materials that get you thinking and tools that help you set things in motion."

Some of the areas that MCCS OneSource can provide assistance and expert knowledge on are budgeting, pre- and post-deployment preparation, education, parenting, health care, daily living, legal issues and other aspects of everyday life.

Family members such as Jessica Mace, the Key Volunteer Network coordinator for MarForPac's Headquarters and Service Battalion, have already utilized the services provided with positive results.

"I personally tried the service via e-mail with a hypothetical question on the same day I attended the briefing at Camp Smith.

"Within 24 hours, I received a very personalized response from a counselor with MCCS OneSource.

"From my one rather specific question, I received two pages of information pertaining directly to my question and the option to receive several free publications relating to my issue. After I responded to the counselor that the information was satisfactory, I received another e-mail from the same counselor with a few other items she thought of which proved to be of further assistance.

"Needless to say, even though I am usually a skeptic, I am completely convinced that MCCS OneSource will be a valuable tool to our Marines and family members.

"The trick will be to get the information in the hands of the end user [Marines and family members], and to get them to test the service for themselves," she explained. "I have no doubt they will be impressed."

For more information on the great programs provided by MCCS One Source, call toll-free 1-800-433-6868.

Surf the MCCS OneSource Web site at www.mccsonesource. com.

Feb. 21 deadline nears for DeCA scholarship; applications online

Applicants must narrate how being the child of a military service member has influenced their educational pursuits

Bonnie Powell
Defense Commissary Agency

FORT LEE, Va. — Just in time for Valentine's Day, the Scholarships for Military Children program has a really "sweet" deal for military children going to college this fall.

Applications for \$1,500 scholarships are due in to their nearest commissary by close of business next Friday, Feb. 21.

At least one scholarship will be awarded at every commissary location with qualified applicants.

"We've made it even easier to apply this year," said program liaison Edna Hoogewind of the Defense Commissary Agency. "Everything a potential applicant needs to know is in the Frequently Asked Questions section of our "Scholarship" page at www.commissaries.com.

"The application can be downloaded and filled out by hand, or filled out on the computer and saved as a file. Copies of the application are also available at commissaries worldwide."

This year's scholarship essay topic is

"How has being the child of a military service member influenced your educational goals?" In past years, the essay has been a key factor, along with activities and community involvement, in deciding among the many outstanding applicants.

"If you are not hand-delivering your

application, it's a good idea to use a delivery method that supplies a return receipt," said Hoogewind. "Commissaries will bundle up the applications and send them to [the professional firm]
Scholarship Managers, as soon as the deadline

as soon as the deadline passes. Scholarship Managers will only acknowledge final receipt of the applications if students include a self-addressed and stamped post card with their applications."

Hoogewind also advises students to check all their materials carefully for simple things such as making sure the application is signed or that they are using the 2003 application, not one from previous years.

The scholarship program is open to unmarried children under the age of 21 (23, if enrolled in school) of active duty personnel, Reserve, Guard and retired military. Eligibility will be determined using the Defense Enrollment Eligibility Reporting System database.

Applicants should ensure that they, as well as their sponsor, are currently enrolled in the DEERS database and that they have a current I.D. card. All applicants must be citizens of the United States.

Further, the applicant must be planning to attend, or already attending, an accredited college or university full-time in the fall term of 2003. Students at community or junior colleges must be enrolled in a program of studies designed to transfer directly into a four-

year program. Additional instructions can be found on the application.

Fisher House Foundation, a nonprofit organization best known for building comfort homes near military medical facilities, administers the Scholarships for Military program. Fisher House

Children program. Fisher House Foundation uses the services of Scholarship Managers to screen applicants and award scholarships. Neither Fisher House nor DeCA are involved in the decision process.

The Scholarships for Military Children program has awarded 920 scholarships and nearly \$1.5 million since the first awards were given in 2001. Scholarships are funded through the voluntary donations of the various manufacturers, brokers and suppliers that sell products in commissaries.

- COMMENTARY -

'Let us make the resolution to surrender'

Navy Chaplain (Lt.) Wes Modder Marine Aircraft Group 24

In The Lord of the Rings: The Fellowship of the Ring, author J. R. R. Tolkien portrays the classic conflict between good and evil set in a mythical land called Middle Earth.

The Tale

After a great battle in ancient times, the Dark Lord Sauron is temporarily defeated, and his most dreaded weapon — the Ring of Power — is lost for many ages.

A Hobbit from the Shire named Bilbo Baggins finds the Ring and — unaware of its true identity — passes it on to his nephew Frodo, as part of an inheritance.

Frodo Baggins, the hero of this tale (played by Elijah Wood in the movie version), is full of humility and uncertainty as he embarks on an epic quest to destroy the Dark Lord's most powerful tool — the Ring.

In one scene, Bilbo converses with his wise and trusted friend Gandalf about departing on a long journey and leaving his inheritance behind for Frodo. The Ring is part of that inheritance, and ever so subtly, the Ring begins to exert itself on Bilbo, as it does with everyone who comes near it.

As Gandalf encourages Bilbo to leave be-

hind the Ring, Bilbo grasps it and clamors, "It's mine! My own! My precious! What business is it of yours what I do with my own affairs?"

Bilbo casts a suspicious eye on Gandalf and accuses, "You want it for yourself!"

Firmly, Gandalf responds, "Bilbo Baggins, do not take me for some conjurer of cheap tricks. I'm not trying to rob you. I am trying to help you. All your

long years we've been friends," he continues. "Trust me, as you once did. Let it go!"

Gradually Bilbo's defiance fades, and he embraces Gandalf, saying, "You're right Gandalf, the Ring must go."

The Application

In the same way, we struggle to surrender to God and to let go of our sin.

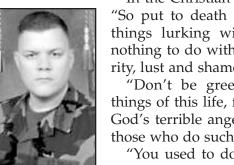
In this new year, let us make the resolution to surrender to the help God gives all of us, and trust Him. Let us throw off anything that hinders us.

> In the Christian Scriptures, it says, "So put to death the sinful, earthly things lurking within you. Have nothing to do with sexual sin, impurity, lust and shameful desires.

> "Don't be greedy for the good things of this life, for that is idolatry. God's terrible anger will come upon those who do such things.

> "You used to do them when your life was still part of this world. But now is the time to get rid of anger, rage, malicious behavior, slander and

dirty language. "Don't lie to each other, for you have stripped off your old evil nature and all its wicked deeds. In its place, you have clothed yourselves with a brand-new nature that is continually being renewed, as you learn more and more about Christ, who created this new nature within you." (Colossians 3:5-10, New Living Translation)



MODDER

Know?



The Great Pyramids of Egypt are the only surviving Wonder of the Ancient World.

QUOTABLE: "When you wish to instruct, be brief." —Cicero

Heritage committee lauds African-Americans

Sgt. Jereme Edwards Combat Correspondent

All over the United States, various organizations celebrate Black History month with many educational forums or events, and MCB Hawaii, Kaneohe Bay, is no exception.

The African-American Heritage Committee kicked off Black History month here Feb. 4 with a prayer breakfast open to all base personnel at the Anderson Hall dining facility.

"We use the prayer breakfast to bring base personnel together to recognize black leaders and distinguished service men and women of African American heritage," said Gunnery Sgt. Kenneth a counselor Etheridge, Headquarters Bn., MCB Hawaii's Substance Abuse Center and an African-American Heritage Committee member.

"People such as civil rights activist Martin Luther King Jr., retired Marine Corps Maj. Gen. Charles F. Bolden, underground railroad pioneer Harriet Tubman, and recently departed space shuttle astronaut Air Force Lt. Col. Michael Anderson are honored so that people can learn about the great contributions that African-Americans have made throughout American history."

According to Navy Lt. Kenneth Miller, presiding chaplain at the prayer breakfast, events such as the prayer breakfast are vital to maintaining a sense of heritage among African-Americans, well as exposing people of various ethnic backgrounds to black history.

"It is an opportunity to educate society at large on the cultural and social significance relating to a particular racial group," said Miller. "Other cultures becoming more aware of such events can have a positive impact on society and facilitate working in concert toward developing a greater humanity.

"It also affords the opportunity to revisit and retell history from a particular racial perspective," Miller added. "The accuracy of historical facts and contributions depends primarily on who writes it. Therefore, it is imperative that racial groups interpret their story, not only for accuracy purposes, but also to tell their story.

"Our children and grandchildren need to know from where they came and how they have contributed to the world family.

"History determines the future."

After Miller's invocation, the service continued with a musical interlude and the reading of a passage written by the famous African-American poet Maya Angelou, followed by the introduction of guest speaker Chief Warrant Officer 3 Alexander Gray, Marine Forces Pacific band director.

"The National Aeronautics and Space Administration embodies the theme for this year's Black History Month: "Understanding our Past, Living Today, and Creating our Future," said Gray. "As we reflect on the positive attributes of such an organization as NASA and what it has meant for us as a nation, let us reflect back for a moment to the APOLLO 1 mission of January 27, 1967, when

Gus Grissom, White and Roger Brad Chaffee perished in a tragic fire on the launch pad.

"All three astronauts were white males. Blacks had not yet even entered the space program — though there was plenty of opportunity to afford them such a chance.

"This is not a glassceiling story, but rather an opportunistic sto-

Indeed, 11 months later, Air Force Maj. Henry Lawrence Jr.,

was killed in an Air Force F-104 fighter the space program.

Guest speaker Chief Warrant Officer 3 Alexander Gray (left) cited many accomplishments of blacks during the event, while band member Cpl. Matthew Leonhardt assisted Cynthia Alexander during uplifting musical selections.

now known as the first black astronaut, during a training evolution in support of

"Major Lawrence did not let a fire that occurred 11 months earlier with Apollo 1 deter him," said Gray. Lawrence's efforts gave way to the first black astronaut to make it into space.

"Mission Specialist Ronald McNair, a black American, was a part of the Challenger crew in 1986. Ron McNair's tenacity inspired Lt. Col. Mike Anderson to become a pioneer for the future."

Anderson became the latest African-American astronaut to perish in devotion to his country's efforts while serving aboard the space shuttle Columbia.

"All of these men understood the risk of the past, as they lived for today, while their efforts have planted the continual seeds of greatness," said Gray.

"My message simply involves the psychology of winning. If you can conceive it — and believe it — then why not go out and achieve it?"

WORD TO PASS

HBB Talks About Benefits

The "Hawaii Bulletin Board" is a radio talk program that currently airs every Saturday on KWAI, 1080 AM, from 2:05 - 3 p.m.

Many of the topics discussed include current information regarding benefits and legislative matters of interest to veterans and active duty military.

Listeners are encouraged to call in and respond to matters, or to share information about activities in their community or organizations, which may be of interest to others.

Humane Society Offers Tips for Deployed Military

With deployments for tens of thousands of U.S. troops underway for a possible war with Iraq, military families may be facing difficult times ahead.

As service families make adjustments to juggle the demands of everyday life, the Humane Society is providing helpful tips

to care for pets because previous military deployments have often been accompanied by increased levels of animals being taken to shelters.

The Humane Society says the call to duty doesn't have to mean giving up your companion, if you follow these recommendations:

- Make arrangements for a family member or friend to care for your pet in your absence.
- Have a written agreement outlining pet care arrangements such as what to do if the adopted caregiver can no longer care for the animal or what to do if the pet is injured or becomes ill.
- •Complete a pet personality profile to assist the caregiver in understanding your pet.
- •Update all vaccinations and provide the caregiver these records.
- •Outfit your pet with a collar and tag, with the temporary caregiver's contact information. Also, make sure your pet is

wearing a rabies tag or license, as required by law in Hawaii.

- •Provide funds to cover food, grooming and other routine needs.
- •Leave contact information on how to reach your veterinarian.

The Humane Society provides downloadable samples of pet care agreements and pet personality profiles at its "Pets" link at www.hsus.org.

Big Brothers, Sisters Wanted

Volunteers are needed to enroll as Big Brothers and Big Sisters, then to spend one hour per week with their assigned Little Brother or Little Sister.

The main focus of this program is to build a friendship and serve as an adult role model for a child who doesn't have a mother or father role model.

Typically, volunteers help kids work on class assignments, enjoy activities, play board games, or simply converse about what's on their mind.

Little Brothers and Sisters are between the ages of 5 and 12 years. They are selected by their teachers and school counselors.

If you'd like to get involved and make a difference in a child's life, call Eva Garcia, a case manager at the Big Brothers Big Sisters of Honolulu, at 521-3811, ext. 234.

FBI Wants New Agents

Interested in a career with the FBI? Learn about requirements for applying by attending the FBI career seminar Feb. 28 from 10 a.m. - 12 p.m. at the Prince Kuhio Federal Bldg., Room 5-208, located at 300 Ala Moana Blvd. in Honolulu.

For reservations and additional information, contact Special Agent Kal Wong at 566-4488.

Theater Well Underway

If you want to be entertained, catch any of the following per-

formances at local theaters.

• Through Feb. 16 at Diamond Head Theater: "One Flew Over the Cuckoo's Nest," based on the novel by Ken Kesey. Performances run Thursdays through Saturdays at 8 p.m. and Sundays at 4 p.m. Tickets cost \$10 - 40, and discounts are available for military, children, students and seniors. Call 733-0274 for tickets or more information.

• Through Feb. 23 at the University of Hawaii at Manoa's Kennedy Theater: "Dance Korea! A Celebration of Korean Immigration." This unique collaboration between dance students from Hawaii and Korea celebrates the 100th anniversary of Korean immigration to the islands. Performances are scheduled today, Saturday, Feb. 21 and 22 at 8 p.m., and Sunday and Feb. 23 at

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WORD TO PASS, From B-6

2 p.m. Tickets cost \$10 for military, \$8 for non-UH students, \$3 for UH students and \$12 regular admission. Call 956-2598 for more details.

• Feb. 27 - March 1 at the Hawaii Theater: "Anything Goes," presented by the Iolani dramatic players. Performances run Thursday at 7 p.m. and Friday and Saturday at 8 p.m.

Tickets cost \$8. Call 528-0506 for more details.

• March 11 - 16 at the Hawaii Theater: "Spirit of the Dance," the powerful, show-stopping and heart-pounding Irish dance production that wowed audiences in 2001, returns. Shows will run Tuesday through Thursday at 7:30 p.m., Friday and Saturday at 8 p.m., Sunday at 7 p.m., and matinees

Tickets are \$25 - \$45, with a \$2 showcase many of Honolulu's per ticket theater restoration charge. Call 528-0506 for more information.

Diamond Head Theater: "Romance/Romance." Performances run Thursdays through Saturdays at 8 p.m., Sundays at 4 p.m. Tickets cost \$10 - \$40; call 733-0274 for reservations.

• May 23 - June 8 at Diamond Saturday and Sunday at 2 p.m. Head Theater: "Follies" will

best known and beloved performers. Catch performances Thursdays through Saturdays at •March 21 - April 6 at 8 p.m., Sundays at 4 p.m. Tickets cost \$10 - \$40; call 733-0274 for more details.

> • July 19 - Aug. 3 at Diamond Head Theater: "The Wizard of Oz," with music and lyrics from the MGM motion picture. Performances will run Thursdays through Saturdays at 8

p.m., Sundays at 4 p.m. Tickets cost \$10 - \$40; call 733-0274 for more details about this all-time favorite classic.

• The Honolulu Theater for Youth offers stimulating and entertaining plays for children of all ages, and adults. Call 839-9885 for further details.

• The Honolulu Symphony provides a diverse schedule of sounds for all musical palates. Call 792-2000 for details.

B-8 • February 14, 2003 HAWAII MARINE

MARINE MAKEPONO

Hawaiian for "Marine Bargains"

Vehicles

1999 Aero, 43K miles, loaded, with extended warranty. Asking \$10,000 OBO. Call 253-0478.

1992 Pontiac Grand Am, red, cool air conditioner, automatic transmission, CD player, runs great. Asking \$1,600 OBO. Call 254-1378 or 228-4069.

1988 Honda Accord LXI, new starter, premium sound system, great island car. Asking \$1,950 with system or \$1,500 without system. Call 254-1016.

1988 BMW 750iL, only 75K miles, great condition, clean, well maintained, leather interior, power everything, sunroof, A/C, CD, tint, chrome rims, \$10,000 OBO. Call 222-4775.

Motorcycles

1993 Yamaha WR 200 Dirt Bike, two stroke, runs and looks great. First \$1,499 buyer scores this deal. Call Shari at 262-2064.

1983 Yamaha Midnight Maxim, in mint condition, 4,600 original miles, \$2,500 OBO. Call 254-5293 and leave a message.

Furniture

Bar, custom solid oak, L-shaped, with six barstools, mirror, fridge, overhead lighted glass holder, worth \$10,000. Asking only \$5,000. Call 216-7160.

Pool table, Olhausen 4x8, custom, includes accessories, pool table light and much more. Cost \$4,800. Asking only \$3,200. Call 216-7160.

Pets

Parakeet wants a good home; found in a neighbor's garage. Call 253-0452 between noon and 8 p.m. for details.

AKC Labrador free to a good home, 79 pounds, 2 years old, male, housebroken and good with children. Call 254-1378 or 228-4069.

Free Ads

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees. Ads are free and will appear in two issues of the *Hawaii Marine*, space available.

The deadline for submitting ads is at 4 p.m. the Friday of the week prior to publication. Forms may be filled out Monday - Friday from 7:30 a.m. to 4:30 p.m. at the MCB Hawaii Public Affairs Office, located in Bldg. 216, aboard Kaneohe Bay.

Makepono may be used only for noncommercial classified ads containing items of personal property. Ads must represent incidental exchanges, not of a sustained business nature, which are run on a first-come, first served basis. Call 257-8836 or 8837 for more details.

ON THE MENU

Anderson Hall will prepare the following this week:

Today

Lunch
Beef Balls Stroganoff
Baked Fish Fillets
Macaroni & Cheese
Steamed Rice
Raisin Drop Cookies
Asst. Fruit Pies

Dinner
Ground Beef Tacos
Chicken Enchiladas
Chili Conquistador
Burritos
Refried Beans
Mexican Rice
Raisin Drop Cookies
Asst. Fruit Pies

<u>Specialty Bar</u> (For Lunch and Dinner) Pasta Bar

Saturday

Dinner/Brunch
Turkey A La King
Stuffed Pork Chops
Steamed Rice
Boiled Egg Noodles
Spice Cake w/
Lemon Cream Frosting
Sugar Cookies
Asst. Fruit Pies

Sunday

Dinner/Brunch
Swiss Steak w/
Mushroom Gravy
Rock Cornish Hens
Rice Pilaf
Corn Bread Dressing
Mashed Potatoes
Asst. Fruit Pies
Yellow Cake w/
Butter Cream Frosting

Monday

Dinner/Brunch
Beef Stew
Baked Fish Filets
Macaroni & Cheese
Steamed Rice
Oatmeal Cookies
Asst. Fruit Pies

Tuesday

Lunch
Southern Fried Chicken
Beef Balls Stroganoff
Parsley Butter Potatoes
Boiled Egg Noodles
Oatmeal Raisin Cookies
Asst. Fruit Pies

<u>Dinner</u> Braised Beef Cubes Cajun Fish Fillet Steamed Rice Boiled Egg Noodles

Corn Asparagus Oatmeal Raisin Cookies Asst. Fruit Pies

Specialty Bar (For Lunch and Dinner) Taco Bar

Wednesday

Lunch
Roast Turkey
Chili Macaroni
Grilled Cheese Sandwich
Mashed Potatoes
Glazed Carrots
Succotash
Brownies
Asst. Fruit Pies

Dinner
Meat Loaf
Pork Ham Roast
Mashed Potatoes
Tossed Green Rice
C a u l i f l o w e r
Combo
Broccoli
Brownies
Asst. Fruit Pies

Specialty Bar (For Lunch and Dinner) Country Bar

Thursday

Lunch
Salisbury Steak
Barbecue Chicken
Rice Pilaf
Oven Browned Potatoes
Corn on the Cob
Peas & Carrots
White Cake w/
Lemon Cream Frosting
Asst. Fruit Pies

Dinner
Beef Yakisoba
Pork Adobo
Pork Fried Rice
Steamed Rice
Broccoli
Squash
White Cake w/
Lemon Cream Frosting
Asst. Fruit Pies

